



Office of Related Services - OT/PT Program

RTI Tier II-General (Non-specific) Interventions

Handy OT Helpers - Fine Motor/Writing

Scholar Name: _____ Grade: _____

Teacher: _____

Please utilize the following suggestions to help improve the development of your scholar's fine motor and writing skills development.

- ☐ Fine Motor Activities Handout
- ☐ Left-handed Scissors for Lefties
- ☐ Pencil Grip
- ☐ Short Crayons/Pencils
- ☐ Alphabet Chart with Construction Arrows (UC/LC)
- ☐ Binder/Vertical Surface (for proper wrist position and grasp)
- ☐ Support Under Feet
- ☐ Dycem
- ☐ Writing Spacer (popsicle stick, paper clip, finger)
- ☐ Chair or Wall Push-Ups, crab walks, bear walks, wheelbarrow walks (for shoulder and hand development)
- ☐ Highlighted or Bold Lined Paper
- ☐ Paper Type
 - _____ 3 Lined Paper (1st/2nd Grade) _____ Single Lined Paper
 - _____ 2 Lined Notebook Paper (3rd Grade & up) _____ Graph Paper (large, small boxes)

Occupational Therapist

Date